

*INTEGRATING
SPIRITUAL, SEXUAL, AND SOCIAL IDENTITIES:
A THERAPY GROUP FOR
SAME-SEX ATTRACTED INDIVIDUALS
IN CONFLICT*

Group facilitator: Lee Beckstead, Ph.D. (Licensed Psychologist)

This therapy group is based on results from the facilitator's research that describes the process of how individuals resolved their distress and concerns about their sexual orientation.

The group offers participants a place to sort out thoughts and feelings, enhance self-esteem, develop relationships, consolidate a positive identity, and find comfort within their lives.

Group discussion explores a wide range of options to identify solutions that fit for the individual.

The group meets in Salt Lake City weekly throughout the year.

Cost is based on a sliding scale and all sessions are treated confidentially.

For more information regarding group or individual therapy, please contact Lee at 801-556-8110.